

Present Perfect Progressive (Present Perfect Continuous) Story 1

By **Really Learn English**

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**Who are they? What have they been doing?
Where have they been going?**

Ruth and Martha are best friends. They have been spending time together since they were young girls. Every morning, they get dressed and walk to the post office together. They have been walking together to the post office every morning for the past 10 years.

Lately, Martha has not been feeling well. Ruth has been walking to the post office alone each morning. Then she visits Martha at home. She has been bringing Martha her mail every morning for 2 weeks. She hopes Martha feels better soon.

Present Perfect Progressive Story 1 – Exercises

A. Answer the following questions. Use the Present Perfect Progressive tense.

1. How long have Ruth and Martha been spending time together? For how many years have they been walking together to the post office?

2. How has Martha been feeling lately?

3. For how long has Ruth been visiting Martha and bringing her mail?

B. Rewrite the following sentences as negative sentences, yes/no questions, WH-questions (using the underlined word or phrase) and tag questions.

Examples for the sentence "Walter has been washing the car for 30 minutes."

Negative: Walter has not been washing the car for 30 minutes.

Yes/No Question: Has Walter been washing the car for 30 minutes?

WH-Question: Who has been washing the car for 30 minutes?

Tag Question: Walter has been washing the car for 30 minutes, hasn't he?

1. They have been spending time together since they were young girls.

Negative: _____

Yes/No Question: _____

WH-Question: _____

Tag Question: _____

2. Ruth has been walking to the post office alone each morning.

Negative: _____

Yes/No Question: _____

WH-Question: _____

Tag Question: _____

3. She has been bringing Martha her mail every morning for 2 weeks.

Negative: _____

Yes/No Question: _____

WH-Question: _____

Tag Question: _____

C. This is a copy of the original story. Fill in the blanks with the present perfect progressive form of each verb in parentheses.

Ruth and Martha are best friends. They _____ (spend) time together since they were young girls. Every morning, they get dressed and walk to the post office together. They _____ (walk) together to the post office every morning for the past 10 years.

Lately, Martha _____ (not feel) well. Ruth _____ (walk) to the post office alone each morning. Then she visits Martha at home. She _____ (bring) Martha her mail every morning for 2 weeks. She hopes Martha feels better soon.

Present Perfect Progressive Story 1 – Answers

A. Answer the following questions. Use the Present Perfect Progressive tense.

1. How long have Ruth and Martha been spending time together? For how many years have they been walking together to the post office?

Ruth and Martha have been spending time together since they were young girls. They have been walking together to the post office for 10 years.

2. How has Martha been feeling lately?

Martha has not been feeling well lately.

3. For how long has Ruth been visiting Martha and bringing her mail?

Ruth has been visiting Martha and bringing Martha her mail for 2 weeks.

B. Rewrite the following sentences as negative sentences, yes/no questions, WH-questions (using the underlined word or phrase) and tag questions.

1. They have been spending time together since they were young girls.

Negative: They have not been spending time together since they were young girls.

Yes/No Question: Have they been spending time together since they were young girls?

WH-Question: Who has been spending time together since they were young girls?

Tag Question: They have been spending time together since they were young girls, haven't they?

2. Ruth has been walking to the post office alone each morning.

Negative: Ruth has not been walking to the post office alone each morning.

Yes/No Question: Has Ruth been walking to the post office alone each morning?

WH-Question: Who has been walking to the post office alone each morning?

Tag Question: Ruth has been walking to the post office alone each morning, hasn't she?

3. She has been bringing Martha her mail every morning for 2 weeks.

Negative: She has not been bringing Martha her mail every morning for 2 weeks.

Yes/No Question: Has she been bringing Martha her mail every morning for 2 weeks?

WH-Question: Who has been bringing Martha her mail every morning for 2 weeks?

Tag Question: She has been bringing Martha her mail every morning for 2 weeks, hasn't she?

C. This is a copy of the original story. Fill in the blanks with the present perfect progressive form of each verb in parentheses.

Ruth and Martha are best friends. They have been spending (spend) time together since they were young girls. Every morning, they get dressed and walk to the post office together. They have been walking (walk) together to the post office every morning for the past 10 years.

Lately, Martha has not been feeling (not feel) well. Ruth has been walking (walk) to the post office alone each morning. Then she visits Martha at home. She has been bringing (bring) Martha her mail every morning for 2 weeks. She hopes Martha feels better soon.

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